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TRAINING & EDUCATION



STRESS MANAGEMENT COACH USING PHOTOBIMODULATION (LIGHT) THERAPY (SMCPLT)

SKU: SMCPLT

**Why the name SMCPLT? It doesn't exactly roll of the tongue!
There was a method to our madness.**

“Stress Management” is the #1 therapeutic intervention anyone can employ in their self-care and health recovery efforts and is a universally accepted *natural therapy modality*. **“Coaching”** is universally accepted as an interactive skill that empowers people to make their own informed decisions. **“Photobiomodulation therapy”** technology has been scientifically determined to trigger the chemistry of stress reduction by releasing nitric oxide – the “miracle molecule”.

Together, **Stress Management Coaching using Photobiomodulation (light) Technology (SMCPLT)** is a novel natural therapy modality. Utilizing this modality in a professional setting requires an understanding of the technology, the human body's stress response and the professional standards of providing care for people.

This SMCPLT curriculum follows the Natural Therapies Certification Board (NTCB) education requirements which meet national accreditation board standards.

Course Materials include: Training videos, a workbook with self-checking questions and an annotated bibliography of program references.

Price: \$2,495.00

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